



Narberth Nobbler : 8k

2022 Results

1	Ollie Minton	M18	121	0:38:00
2	Gareth Payne	M40	51	0:39:07
3	Adam Linforth	M40	4	0:40:20
4	Rhydian Lloyd-Francis	MJ	68	0:43:00
5	Gareth Richards	M50	64	0:43:01
6	Ashley Tomkinson	M18	87	0:43:03
7	Jon Williams	M18	3	0:43:11
8	Martin Harris	M50	76	0:44:32
9	Jon Davies	M40	158	0:44:42
10	Stephen Willis	M50	21	0:45:10
11	Katy Griffiths	FJ	96	0:45:17
12	John Griffiths	M18	19	0:45:19
13	Nigel Ratcliffe	M50	30	0:46:38
14	Kieran Head	M40	94	0:46:45
15	Chris Neale	M18	146	0:47:02
16	Wayne Randall	M50	89	0:47:08
17	Steve Smith	M40	95	0:47:22
18	Mark Saunders	M40	46	0:47:44
19	Phill iveson	M50	97	0:48:25
20	Kate Daly	F40	144	0:48:30
21	Joshua Palmer	MJ	36	0:49:32
22	Jason Mitchell	M40	113	0:50:00
23	Hannah Golding	F40	34	0:50:15
24	Billy Goodrick	M18	13	0:50:15
25	Anna Strzelecki	F40	114	0:50:20
26	Richard Evans	M50	72	0:51:12
27	David Saunders	M50	45	0:51:19
28	Laura Robinson	F40	81	0:51:21
29	Aaron Dine	M18	6	0:51:23
30	Sarah Soughty	F18	8	0:51:25
31	Richard Appleford	M40	23	0:51:36
32	Amy Purvin	F18	160	0:51:43
33	Robin Williams	M18	123	0:51:57
34	Nicola Weston	F18	22	0:52:16
35	Nia Morris	F18	101	0:52:23
36	Wendy Griffiths	F40	24	0:52:27
37	Elliot Chapman	M18	7	0:52:37
38	Janette Reynolds	F40	35	0:52:56
39	Donna Jenkins	F18	12	0:53:09
40	Rob Hillier	M50	31	0:53:18
41	Martyn Corbet	M18	147	0:53:23
42	Michael Karpaty	M50	50	0:53:25
43	Richard Brown	M50	14	0:53:40
44	David Williams	M50	63	0:54:06
45	Wyn Jones	M18	54	0:54:09
46	Hannah Mitchell	F40	17	0:54:21
47	David Hawkins	M40	62	0:54:34
48	Lucy Lupton	F18	1	0:54:41
49	Bethan Furnival	F40	26	0:55:02
50	Ian Evans	M40	122	0:55:05
51	Dave Humphreys	M50	145	0:55:53
52	Jack Pallas	M18	159	0:56:21
53	Nathan Jones	F40	106	0:56:29
54	Rhydian Jones	FJ	107	0:56:34
55	Chrissie Bullimore	F50	111	0:56:43
56	Andrew Lupton	F18	2	0:57:10
57	Mairead Aherne	F18	148	0:57:11
58	Alex Grainger	F18	60	0:57:43
59	Valerie Nelson	M40	52	0:57:59
60	Jenna Lewis	F18	53	0:58:47
61	Katy Ratcliffe	F40	118	0:59:01
62	Richard Morris	M18	116	0:59:03
63	Ceri Williams	F40	110	0:59:18
64	Bronwen Jones	F18	18	0:59:23
65	Alice Walker	F18	100	0:59:31
66	Eleanor Shevlin	F18	117	0:59:32
67	Sue Purvin	F50	153	0:59:48
68	Mair Morgan	F50	5	0:59:50
69	Wyn Williams	M50	91	0:59:51
70	John Byrne	M50	16	0:59:52
71	Evan Jones	FJ	65	1:00:15
72	Wayne Jenkins	M50	78	1:00:24
73	Alex Walsby	F18	112	1:00:32
74	Lon Morgan	F50	102	1:00:35
75	Chris Nelson	M50	55	1:01:44
76	Melanie Miles	F40	32	1:02:48
77	Sue Clarke	F50	27	1:02:50
78	Rebecca Strydom	F40	149	1:03:15
79	Katherine Colledge	F40	10	1:03:33
80	Jon Colledge	M40	9	1:03:33
81	Andrew Smith	M18	73	1:03:56
82	Heiddwen Tomos	F40	29	1:04:06
83	Victoria Winship	F18	150	1:04:08
84	Mark Josey	M50	120	1:05:06
85	Lucy Gardiner	F18	39	1:05:37
86	Charlotte Neill	F18	40	1:05:38
87	Sian Dyer	F18	109	1:06:17
88	Ceridwen Boon	F40	119	1:07:54
89	Val Brown	F50	11	1:07:59
90	Lydia Hayward	F40	86	1:08:35
91	Sam Gibson	F50	49	1:08:52
92	Mark Gibson	M50	47	1:08:56
93	John Shuttleworth	M50	28	1:09:03
94	Mandy Colbourne	F50	59	1:09:44
95	Claire Richards	F40	38	1:10:07
96	Clare Wiley	F50	37	1:10:07
97	George Rainbow	M50	74	1:10:47
98	Susie Wilson	F18	67	1:11:11
99	Stuart Wilson	M18	66	1:11:11
100	Duncan Griffiths	M50	104	1:11:37
101	Nina Hill	F40	44	1:11:48
102	Scott Hill	F40	48	1:11:49
103	Jane Richards	F50	108	1:12:06
104	Elisa Jenkins	F50	79	1:12:16
105	Aerona Thomas	F50	33	1:12:17
106	Emma Wright	F40	20	1:12:17
107	Michaela Pritchard	F40	84	1:13:49
108	Kelly Vaughan-Parry	F40	99	1:13:49
109	Jules Martin	F50	25	1:14:38
110	Laura Manning	F18	42	1:14:40
111	Helen Jones	F40	85	1:14:41
112	Rachel Mansell	F18	61	1:14:42
113	Lucy Gray	F40	69	1:14:43
114	Susan Mace	F50	71	1:14:44
115	Mike Mayo	M40	77	1:14:51
116	Leigh Richards	F50	98	1:15:00
117	Dawn Hopkins	F40	151	1:15:01
118	Melanie Thomas	F40	156	1:15:02
119	Sarah Davies	F40	157	1:15:03
120	Kirsty Chambers	F40	155	1:15:04
121	Carl Grainger	M18	80	1:15:35
122	Kat Ellis	F40	41	1:16:36
123	Barbara Thomas	F50	70	1:16:40
124	Elsa Taday	F18	154	1:18:48
125	Laura Lee	F18	92	1:18:49
126	Carol Byrne	F50	15	1:26:50
127	Melanie Picton	F40	82	1:26:51
128	Gil Griffiths	MJ	103	1:30:59
129	Alex Jones	F40	105	1:33:51
130	Jessica Powell	F18	90	1:33:52
131	Trace King	F40	83	1:33:56
132	Rachel Richards	F50	43	1:35:47
133	Louise Amery	F50	56	1:35:49
134	Sarah Owens	F18	93	1:38:51
135	Corinda Pengilly	F50	88	1:38:51
136	Amanda-Jane Myatt	F50	152	1:38:52